

Dear Parents and Carers,

I hope you have all had a restful break and that your child is feeling refreshed and ready for the new school term. As we begin this half-term at Hartshill Academy, I wanted to take the opportunity to share our plans in PE and Co-Curricular Sport, and to reaffirm the importance of our HART values - Heart, Ambition, Respect and Tenacity - in everything we do.

At Hartshill, we believe that PE and extracurricular sport play a vital role in shaping confident, resilient and well-rounded young people. Our programmes are designed not only to develop physical skills, but to provide opportunities for teamwork, leadership, character building and positive social experiences. These are all essential qualities that align directly with our HART values and help our students grow both in and out of the classroom.

This terms sporting opportunities

Curriculum Sport This Half-Term -

- Girls: Netball
- Boys: Football

Next Half-Term -

- Girls: Outdoor Adventurous Activities (OAA) and Table Tennis
- Boys: Basketball and Gymnastics

Alongside our curriculum offer, we continue to provide a *fantastic* range of Co-Curricular clubs running before school, at lunchtime and after school. These sessions allow students to explore new sports, develop confidence and take pride in representing Hartshill Academy. The full timetable can be found in the attached table.



Hartshill Academy Co-Curricular PE and Sport

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 7:45 – 8:30am	Yr 9/10/11 Gym – Activity Studio (JHA) Yr 7/8 – Football Fields (HSU) Yr 7/8 – Netball Sports Hall (KTA)	Yr7/8 Gym – Activity Studio (KTA) KS3 Dodgeball Sports Hall (JHA)	Yr 9/10/11 Gym – Activity Studio (JHA) Yr 9/10 – Football Fields (HSU) Yr 9/10 – Netball Sports Hall (KTA)	Yr7/8 Gym – Activity Studio (KTA) KS3 Dodgeball Sports Hall (JHA)	Yr 9/10/11 Gym – Activity Studio (HSU)
Lunch 12:55 – 1:30pm	EXAM PE Catch UP G06 (KTA, JHA, HSU) Futsal - Yr7/8– Sports Hall (JCI,CWH)	Girls Gym – All Years - Activity Studio (SKE) Cricket - All years Sports Hall (HSU+JHA)	Netball- All years– Sports Hall (KTA) Sports Scholar Programme – G06 (JHA)	Girls Gym – Activity Studio (SKE) Futsal -Yr9/10– Sports Hall (JCI,CWH)	Badminton KS4 - Sports Hall (JHA)
After school 3:20 – 4:20pm	Girls Rugby- Field (JHA,KTA) KS4 Football Fields (HSU+CWH)	KS3 Football - Fields (HSU) Netball- All years– Sports Hall (KTA+SKE)	Cricket - All years Sports Hall (HSU+JMH) Girls Gym – Activity Studio (SKA)	GCSE PE P7 (JCI)	
Fixtures	FIXTURES WILL BE ANNOUNCED AS AND WHEN ARRANGED				

We strongly encourage all students who wish to represent the school in fixtures to attend training regularly. Students who demonstrate commitment by attending their

training sessions will take precedence when places are allocated on team sheets and on the team bus for away fixtures.

Sports Council

We are excited to be developing a Sports Council - a student voice forum aimed at strengthening our sporting provision. This group will help identify areas for development within the PE curriculum, shape the future of school sport, and open up discussion around health, wellbeing and participation across the academy. It is a wonderful opportunity for students to demonstrate leadership, share ideas and drive positive change within our community. If your child wishes to take part in this please come to a meeting this Wednesday (21st) at Lunch time in G06.

Sports Scholarship Programme Reminder

Our Sports Scholarship meetings, held on the first Wednesday of every month, are designed to support our most committed and talented young athletes. These sessions focus on developing the whole performer - helping students to understand not just *how* to train, but *why* certain behaviours and habits make a difference to long-term performance and wellbeing. Already this year, students have explored key themes such as goal setting, where they identified personal performance targets and mapped out steps to achieve them, and sports nutrition, where they learned how to fuel their bodies effectively for training, recovery and academic demands. As the year continues, we will introduce further topics such as mindset, leadership, resilience, and balancing sport with school commitments, ensuring that each scholar is equipped with the knowledge, discipline and ambition to reach their full potential.

Thank you for your continued support in helping us inspire a culture of participation, teamwork and ambition across the school. We look forward to another positive and active term ahead.

Director of Sport
Hartshill Academy

Mr J.M Hamilton